

# Cheerleading Clinic

## Varsity Cheerleading Routine



**Are you in 1<sup>st</sup> through 8<sup>th</sup> grade?**

Then join us for food, fun, dance, and cheer at our **Annual Cheerleading Clinic**.  
You'll learn a halftime routine, and you'll perform it at the Varsity football game on **October 24<sup>th</sup>**.

### DETAILS

Date: Friday, October 24, 2008

Time: 4:30 -8:30

Place: West Campus Gym

Fee: \$45 for Pre-Registrants

\$50 for same day registration

Girls: 1<sup>st</sup> through 8<sup>th</sup> grade

Attire: white sneakers and blue sweat pants

### SCHEDULE

Registration: 4:30

Learn Routine/Eat Dinner: 4:45 – 7:00

Get ready: 7:00

Game Starts: 7:30

Approximate Performance Time(half time): 8:00-  
8:30

Last Day to Pre-register: October 17th

Questions???? E-mail Char Ash : [Cash@d115.org](mailto:Cash@d115.org)

**PRICE INCLUDES: An LFHS Cheer T-Shirt, bows, a Pizza Dinner and a Glow in the Dark Bracelet.**

Detach and mail registration form and entry fee to the following address:

Lake Forest High School  
Athletic Department  
ATTN: Char Ash  
1285 N. McKinley Rd.  
Lake Forest, IL 60035

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Grade \_\_\_\_\_ School \_\_\_\_\_

Waiver

Participant's Name \_\_\_\_\_  
has permission to participate in the 2008 fall  
cheerleading clinic.

Parent/Guardian  
Signature \_\_\_\_\_

e-mail address: \_\_\_\_\_

