

WANT TO PLAY A SPORT? **THINGS YOU SHOULD KNOW.**

How do I sign up for a sport?

*Go to your counselor's office AND the Athletic office to sign up.
Once I sign up does that mean I made the team? NO*

What kind of paper work will I need to turn in?

Five different things: (Mailed out in June)

>Athletic Participation Card (Green-Freshman/Pink -Soph., Jr., Sr.)

>New Code of Conduct

>IHSA Steroid form

>Emergency Contact form

>Physical – current

If I don't have all my forms in, I can still tryout--right? NO

How much will this cost?

Once a student athlete is rostered (made the team):

>\$75.00 uniform fee deposit is required and will be returned upon return of issued uniform. Some sports require more than \$75.00 if more equipment is required.

If I don't pay my uniform fee, will I still get one? NO

>\$195.00 per sport is the fee that must be paid in full upon receiving the bill from the Business office--usually, two weeks within the season.

If I don't pay my sports fee, can I tryout for another sport? NO

Are all practices @ the High School (East Campus)?

No, many of our sports hold their practices at West Campus.

How do I get to West Campus?

If you are a licensed driver, you may drive.

If you don't have a license, we have shuttle buses that leave from East Campus and go to West for drop off only. Athletes should make arrangements for pickup. Check with your coach on days and times shuttle buses run.

Any other questions? Please refer to our Parent Handbook. It covers everything you need to know. The Parent Handbook is available on line at www.lfhs.org click on Athletics/click on Parent Handbook.

Thank you for your interest in interscholastic sports